



WILDERNESS SURVIVAL CAMP

Host	City of Foley Environmental Department
Locations	Graham Creek Nature Preserve @ 23030 Wolf Bay Drive
Dates	July 19 th – 21 th 2018 from 8 am to 5 pm (workshops July 19 th -20 th with the option to campout with a chaperone on the 20 th . Camp must be broken/cleared by 9 am July 21 st .)
Ages	9 th – 12 th graders
Camp Capacity	12 registrants
Cost	\$ 100 per camper (includes CPR certification, t-shirt and option to campout within Preserve grounds under Environmental Department Staff Supervision.)

The Foley Environmental Department proudly presents the Wilderness Survival Camp at the Preserve. By teaching the 7 Priorities of Survival (positive mental attitude, first aid, shelter, fire signaling, water and food) in an outdoor setting, this program will promote leadership, confidence, environmental stewardship and team building through small and large group challenges/scenarios within a wilderness setting at Graham Creek Nature Preserve. The camp will also include passive recreation such as hiking while learning orienteering and optional primitive camping. The camp curriculum was collaboratively developed using basic skills learned from various southeastern wilderness survival schools and credentialed wilderness first aid response courses. The camp was developed for youth going into 9th grade thru 12th grade. The camp is limited to 12 registrants. Camp workshops will be held July 19th and 20th from 8 am to 5 pm with the option to camp out July 20th with a chaperone under Environmental Department Staff supervision at designated sights within the Preserve grounds. Primitive campsites must be broken down/cleared using Leave No Trace practices by 9 am on July 21st.

Clothing for Camp:

1. Shoes should be appropriate for athletic and muddy activities (no open toe shoes).
2. Hats/caps are allowed and encouraged.
3. Clothing should be free of the following:
 - a. liquor, cigarette or drug messages
 - b. language or images which are offensive to any group of people
 - c. death or satanic images
4. No excessively saggy or baggy clothing or attire that might suggest gang affiliation.
5. Jewelry is discouraged
6. Clothing should be comfortable and appropriate for the weather and physical activities. It will be hot and most likely humid (synthetic/wicking fabrics are preferred).



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7. No electronic devices or phones will be allowed during the camp activities (they may be stored in bags). The covered material is best learned with as few distractions as possible.
8. Sunscreen and bug spray. There will be some available during camp activities.
9. No firearms/bows.

What to bring to camp:

1. Lunch with additional snacks everyday
2. Backpack for personal belongings. This will be carried with you during some activities.
3. Sunscreen and bug spray
4. Medication if required
5. Several drinks per day (refillable water containers are preferred). We have water fountains, coolers and wells throughout the Preserve grounds to refill Nalgene/water bottles. If you would like to bring an electrolyte replacement to add to water vs. sports drinks, this will reduce the weight in your pack and the amount of trash you have to carry.
6. Notepad and pens
7. Pocket knife (fixed or folding blade). This is a tool, not a weapon, and should be used as such. If there are any issues with behavior, this tool will be confiscated until a parent/guardian arrives to pick up the item.
* Optional gear list if you choose to camp out on July 20th.
8. Sleeping pad/bag appropriate for the weather & pillow
9. Flashlight/headlamp
10. Cooking pot/utensils
11. Additional food for dinner dinner/breakfast. We will provide some campfire/cookout fare.

ATTENTION PARENTS:

ALL CAMPERS MUST BE SIGNED IN AND OUT EACH DAY!

More detailed camp rules will be given to participants during the introduction period the first day. The camp coordinators will contact the parents and remove participants that demonstrate a lack of cooperation or uncontrollable, disruptive or bullying behavior. Camp counselors will be Leslie Gahagan, David Eckman, and Jackie McGonigal. If you have any questions please contact the Environmental Department at (251) 923-4267 or email jmgonigal@cityoffoley.org



WILDERNESS SURVIVAL CAMP

Child's Name: _____ Phone: _____

Address: _____

DOB: _____ Age: _____ Gender: _____

Name of School: _____ Grade: _____

Parent or Guardian 1: _____

Address: _____

Phone: _____ Work phone: _____

Email Address: _____

Parent or Guardian 2: _____

Address: _____

Phone: _____ Work phone: _____

Email Address: _____

Circle child's shirt size: Youth - S M L XL Adult - S M L XL

Parent/ Guardian Signature: _____ Date: _____

MEDICAL INFORMATION/AUTHORIZATION FORM

Child's name: _____ DOB: _____

Address: _____ Phone: _____

Emergency Contact other than parent/guardian

Name: _____ Phone: _____

Relation to child: _____

Name: _____ Phone: _____

Relation to child: _____



WILDERNESS SURVIVAL CAMP

Medical Information

Doctor's name: _____ Phone: _____

Clinic or Hospital Preference: _____

Immunizations

DPT series _____ booster _____ Tetanus _____ Polio OPY (Sabin) _____ booster _____

Physical conditions	Allergies	Diseases
Ear infections	Hay fever	Chicken pox
Rheumatic Fever	Poison ivy etc.	Measles
Convulsions	Insect stings	German Measles
Diabetes	Penicillin	Mumps
Heart problems	Sulfa D1 drugs	Asthma

Other health problems not listed that prevents physical activity: _____

Any medications currently prescribed/ being taken:

Health Insurance

Company name: _____ Policy: _____ Group: _____



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Authorizations

(Please initial the lines that apply and sign below)

1. The health history on this form is correct so far as I know: the child described herein has permission to engage in all program activities, except noted by me and/or recommended by physician. _____
2. If I cannot be reached in an EMERGENCY, I hereby give permission to the physician selected by the program director to hospitalize, secure proper treatment for and to order injection, anesthesia or surgery for my child named above. _____

My signature constitutes authorization for items initialed above.

Parent/ Guardian signature: _____ Date: _____

Image/Video Release

By allowing your child to participate in the Explorer Day Camp at the Preserve you are giving the Foley Environmental Division exclusive rights to all images and/or video captured of your child while participating in camp activities. The Foley Environmental Division has the right to print, publish, and/or share video of your child.

Parent/guardian Signature: _____ Date: _____

Waiver of Liability

In consideration of my child's participation in this activity, _____
(parent/guardian name printed) hereby release and discharge the City of Foley, Graham Creek nature